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# Neu INSIGHTS



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CENTER FOR  
GENOMIC  
MEDICINE



**LUMOUS**  
CARRIER SCREENING

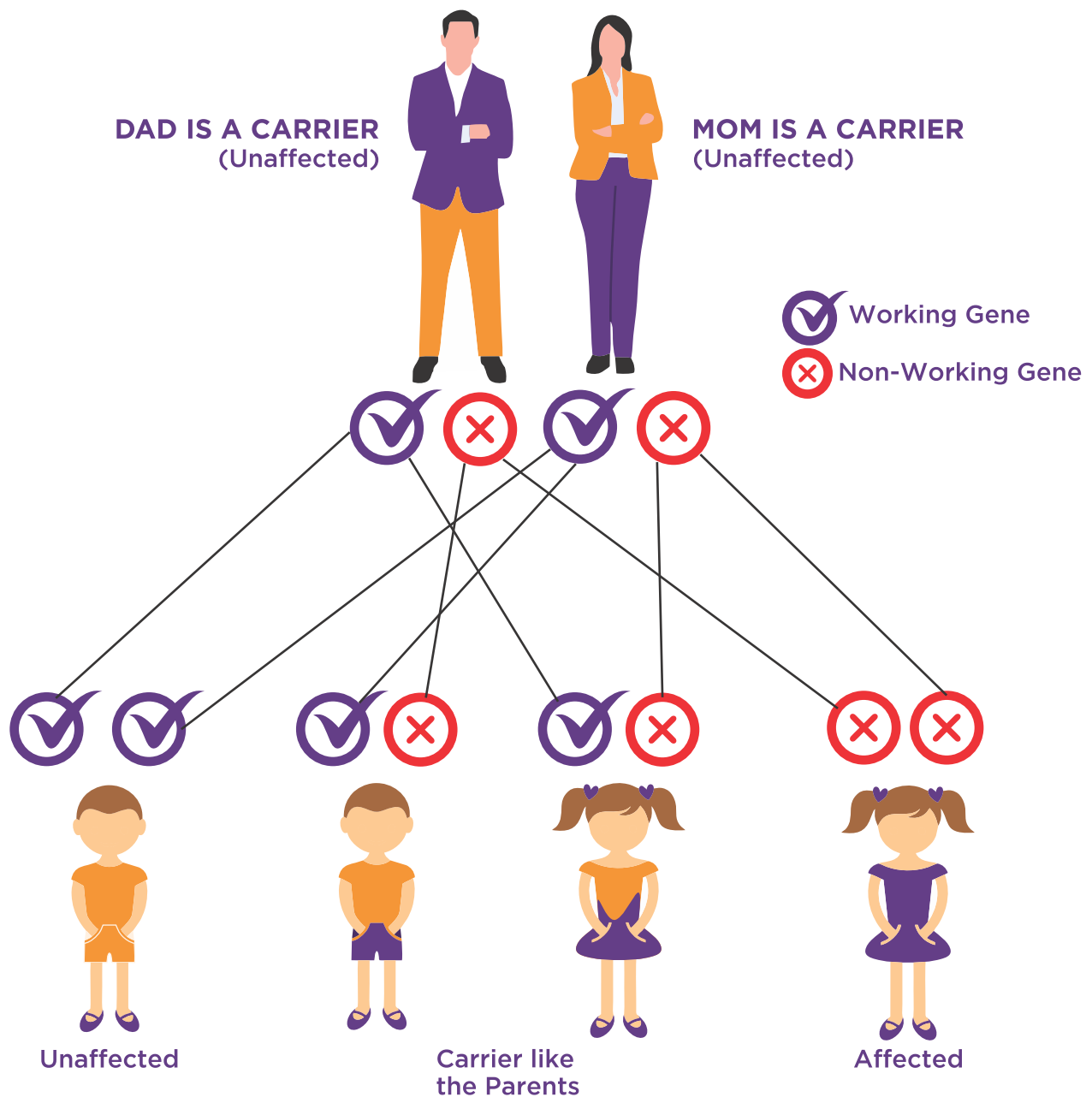
# What is Carrier Screening?

Genetic Carrier Screening can provide valuable information for the genetic health of a family.

- ▶ Molecular testing is used to identify individuals and couples at risk for a child with an Autosomal or X-linked Recessive genetic disorders. It helps to provide risks associated with severe genetic conditions in the family.
- ▶ When both the husband and wife are carriers for the same condition, there is a risk (25% chance) of having an affected child with every pregnancy.

## Who are Carriers?

Carriers are asymptomatic individuals who may carry a genetic variant that can increase the risk of having a child with a genetic disorder. Any individual can be a carrier of a genetic condition.



# Who should consider carrier screening?

Carrier screening can be offered to couples who:

- 01 Have a family history of a genetic disorder
- 02 Are themselves having a genetic disorder
- 03 Bad obstetric history ( IUD/ neonatal deaths / >2 children with “suspected” genetic condition)
- 04 Are consanguineously married
- 05 Are part of a community at high risk of a genetic disease
- 06 Are considering egg/sperm donation for IVF

## Why to do Carrier Screening?

It provides the couple with knowledge regarding their pregnancy so that they can make informed choices regarding reproductive options and further management

## What disorders should be screened?<sup>[1]</sup>

- ▶ Common Autosomal and X-linked recessive disorders as recommended by consensus groups based on population / ethnicity-based studies.
- ▶ It can also include disorders based on strong family history.

## The options provided by LUMOUS

LUMOUS provides flexibility in the amount of information needed.


Tests/Methodology	Lumos Focus		Lumos Comprehensive		Lumos Plus	
	Female	Male	Female	Male	Female	Male
Sequencing of >2500 genes [NGS] **	✓	✓	✓	✓	✓	✓
Spinal Muscular Atrophy (SMA) [MLPA]	✓	✓	✓	✓	✓	✓
Congenital Adrenal Hyperplasia (CAH) [MLPA & Sequencing]			✓	✓	✓	✓
Duchenne Muscular Dystrophy (DMD) [MLPA]	✓		✓		✓	
Fragile X [TP-PCR]	✓		✓		✓	
Alpha Thalassemia [MLPA]					✓	✓
Hemophilia A (including F8 Intron 1/22 Inversion)					✓	

\*\* Genes implicated in >2900 OMIM based Autosomal and X-linked recessive disorders.

# Why LUMOUS?



## LUMOUS with a purpose!



**IF Positive**  
Carrier status in the couple is confirmed & can predict risk of recurrence.

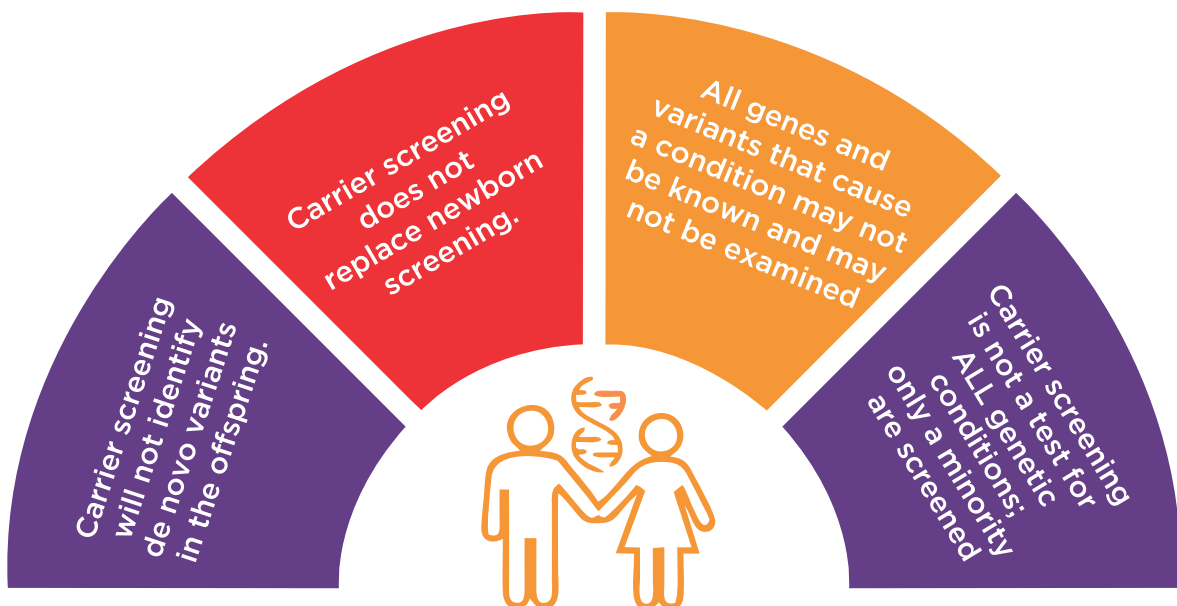


**IF Negative**  
Reduced chance of having an affected child but does not eliminate the risk.

### No confusion/No difficult choices.

- ▶ Only disease-causing variants (pathogenic or likely pathogenic) are reported.
- ▶ Does not report variants of uncertain significance unless indicated by significant family history.

### No test is perfect!



(\*\*\*Please contact the lab to inquire for the gene/disorder list covered under NGS)

# How can the information from the carrier screening be used?

- ▶ All LUMOUS tests are offered with FREE genetic counseling services.
- ▶ A genetic counselor can discuss the results with the family and provide further information about :
  1. The conditions which were screened positive.
  2. The risk for future pregnancies.
  3. Choice of reproductive options for parents.



## LUMOUS process flow



**Pre -Test Genetic  
Counselling**



**Sample  
Collection**



**Lumous  
Processing**



**Report  
Release**



**Post -Test Genetic  
Counselling**

### References:

1. Gregg AR, Aarabi M, Klugman S, Leach NT, Bashford MT, Goldwasser T, Chen E, Sparks TN, Reddi HV, Rajkovic A, Dungan JS; ACMG Professional Practice and Guidelines Committee. Screening for autosomal recessive and X-linked conditions during pregnancy and preconception: a practice resource of the American College of Medical Genetics and Genomics (ACMG). *Genet Med.* 2021 Oct;23(10):1793-1806.
2. Stevenson, R. E. (Ed.). (2015). *Human malformations and related anomalies* (No. 66). Oxford University Press.
3. Taber, K. A. J., Beauchamp, K. A., Lizarin, G. A., Muzzey, D., Arjunan, A., & Goldberg, J. D. (2019). Clinical utility of expanded carrier screening: results-guided actionability and outcomes. *Genetics in Medicine*, 21(5), 1041-1048.
4. Westemeyer, M., Saucier, J., Wallace, J., Prins, S. A., Shetty, A., Malhotra, M., ... & Billings, P. (2020). Clinical experience with carrier screening in a general population: support for a comprehensive pan-ethnic approach. *Genetics in Medicine*, 22(8), 1320-1328.

# Our Services



**Inherited Genetic Disorders**



**Reproductive Genetics**



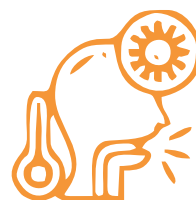
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**Haemato Oncology**



**Transplant Immunology**



**Infectious Disorders**



**Pharmacogenomics**



**Research Services**

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